

STYLE

AUGUST 1999 R9,95 INC VAT (RSA). NAMIBIA
N\$11.50 (TAX DUTY AND SALES TAX INCL). ZIMBABWE
Z\$70,34. OTHER COUNTRIES R10,45 EXCL TAX

COUNT AGUSTA
FAST, RICH AND
FAMOUS

HAS SEX
LOST IT'S
ALLURE?

GLADIATORS

GLEN HICKS HITS
THE G-SPOT!

STYLE DESIGN
AWARD WINNERS

ARE THERE ANY
REAL MEN LEFT?

Covergirl
JULIANA
A New Star

ONLINE
SHOPPING
SECRETS

Celebs
we're
sick of



HIGH SOCIETY

Getting a fix on the city's new kicks

mover

Gourmet curry in a hurry

Everybody loves the tasty Indian cuisine at Bukhara in Cape Town. In fact, since Sabi Sabbarwal opened the restaurant in 1995 it has become something of an institution. That's why Sabi has launched a new frozen foods range. "I wanted to expand, and this way I can spread the spicy flavour of India right across the country," he beams.

He selected the most popular dishes served at Bukhara and packaged them for sale from the restaurant and at supermarkets. All prepared using Sabi's own recipes, they are ready-cooked and authentically Indian. A few minutes in the microwave and you can enjoy Bukhara's famous curries and basmati rice wherever you are.

Sabi has only been in the country for five years, but he has learnt to cater for all types—his dishes come in mild, medium and hot for everyone from real wimps to those with tastebuds of steel.

BY KERRY VAN BLERK

PHOTOGRAPH BY BRANDON AMRON-COETZEE

